# **Eliza Graves**

#### Talent Resume

I grew up in the Midwest and started dancing even before I remember. The stage is my happy place where I feel I truly come alive. I competed heavily in ballet, tap, jazz, poms and hip-hop while growing up through high school. After college, I cheered professionally in the NFL for both the St. Louis Rams and Kansas City Chiefs. In addition to games, appearances and events both teams allowed me to be part of a variety show for the troops where we sang, danced and acted.

Now in my spare time as a mother of two, I look forward to the days I incorporate my fitness routine of weights and cardio. I love to be outdoors hiking, biking, walking - anything to be outside.

## **Key Credits:**

- St. Louis Rams Cheerleader
- Kansas City Chiefs Cheerleader
- 3-time swimsuit calendar model
- 3-time promotional material model with NFL
- · Public speaking training with NFL
- Have danced for 30 + years
- Appeared in print advertising for an apparel brand
- Model for two different photographer's websites and promotional materials in the St. Louis area
- Appeared as an extra in movie, career college, college, healthcare industry and finance industry commercials

### **Top Talents:**

- Ballet
- Tap
- Jazz
- Hip Hop
- Pom
- Cheerleading
- Fitness weight lifting and cardio
- Paddle Boarding
- Yoga
- Kickboxing
- Teleprompter

#### Size:

- Shirt Small
- Pants 2
- Dress -2
- Shoe 8
- Bra 32DD