

Patricia (Pat) Carlson

Actress/Model/VO

Height: 5'2"	Hair: Dark Brown	Dress: 4, 6	Blouse – 4 or 6
Weight: 115	Eyes: Brown	Pants: 4, 6 or 8	Shoes: 7
Bust: 35	Waist: 30	Hips: 36.5	

TELEVISION (Live)

ShopHQ - On-air Kitchen Expert for Kitchen items and Food products (1000+ hours live TV)

Brand Ambassador for Shaquille O'Neal

ShopHQ - On air model for Dr. Sevinor Skin Care

ShopHQ - Ready to Wear Hair Color products.

COMMERCIALS

Goodwill Industries	Halfway House Resident	
Phone app	Feature talent	Jive Media
FosPower Bluetooth Radio	Feature talent	SF Corporation
FosPower Camping Lantern	Feature talent	SF Corporation
Fosmon Jewelry Cleaner	Feature talent	SF Corporation
Fosmon Travel Accessories	Feature talent	SF Corporation
Vena Case for Apple Air Tag	Feature talent	SF Corporation
Bosch Speakers	Poetry reading audience	Noble Productions
EV Speakers, 2 sets	Concert goer	Noble Productions

MUSIC VIDEO

Sissy Boys	Band Groupie	Landyn Banx Productions Elliot Graber - director
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FILM

My Mama Can's Swim	Flight Attendant	Takeil Mdeina, Writer & Director
Marmalade	Featured Extra	Jordan Danger, Director
Downtown Owl	Featured Extra	Hamish Linklater, Lily Rabe Directors
Uncontained	Militia Woman	Byung Sa Productions Morley Nelson, Director
The Ballad of Travis Hunter	Concert Groupie	The Cinematics Cole Meyer, Director

EDUCATION

Private VO Lessons		Jessica Marz, Instruction
Narration VO Workshop		Jessica Marz, Instructor
Commercial VO Workshop		Jessica Marz, Instructor
Film Scene Study Workshop	Twin Cities Acting Studio	Bill Cooper, Instructor
Television Scene Study Workshop	Twin Cities Acting Studio	Bill Cooper, Instructor
Audition Techniques	Twin Cities Acting Studio	Bill Cooper, Instructor

Teleprompting & Ear Prompting	Twin Cities Acting Studio	Bill Copper, Instructor
Commercial Acting Workshop	Twin Cities Acting Studio	Bill Cooper, Instructor
PSA/Spokesperson Techniques	Twin Cities Acting Studio	Bill Cooper, Instructor
Acting Group Classes	Acting with Sarah	Sarah Broude, Instructor
Acting Coaching	Acting with Sarah	Sarah Broude, Instructor

SKILLS/TALENT

Chef – comfortable cooking and doing demos while on camera

Food Stylist

Comfortable on ice skates and downhill skis

Teleprompter reading and ear prompting

Highly directable (according to ShopHQ)

Working with celebrities (Shaquille O’Neal, Paula, Bobby and Jamie Deen, Captain Sig from The Deadliest Catch, Mike Ditka, Todd English)